CIEH Level 2 Award in Paediatric First Aid

Chartered Institute of Environmental Health

Unit 2: Managing Paediatric Illness and Injury **Syllabus**

A Dealing with chronic medical conditions and sudden illness

Candidates will understand how to provide first aid to an infant and child with a chronic medical condition or sudden illness and be able to:

- Describe how to recognise and manage chronic medical conditions including:
 - sickle cell disease
 - diabetes
 - asthma.
- ii Describe how to recognise and manage serious sudden illnesses including:
 - meningitis
 - febrile seizures
 - diarrhoea and vomiting
 - acute respiratory conditions.

B Dealing with the effects of extreme heat and cold

Candidates will understand how to provide first aid to an infant and a child who is experiencing the effects of extreme heat and cold and be able to:

- i Describe how to recognise and treat the effects of extreme cold for an infant and a child.
- ii Describe how to recognise and treat the effects of extreme heat for an infant and a child.

C Dealing with suspected fracture and dislocation

Candidates will understand how to provide first aid to an infant and a child with a suspected fracture and/or a dislocation and be able to:

- i Describe the common types of fractures.
- ii Describe how to manage a fracture.
- iii Describe how to manage a dislocation.
- iv Demonstrate the application of a support sling and an elevation sling.

D Dealing with head, neck and back injuries

Candidates will understand how to provide first aid to an infant and a child with a head, a neck and a back injury and be able to:

- i Describe how to recognise and manage head injuries including:
 - concussion
 - skull fracture
 - cerebral compression.
- ii Demonstrate how to manage a suspected spinal injury.

E Dealing with conditions affecting the eyes, ears and nose

Candidates will understand how to provide first aid to an infant and a child with conditions affecting the eyes, ears and nose and be able to:

- i Describe how to manage an infant and a child with foreign bodies in his/her eyes, ears and nose.
- ii Describe how to recognise and manage common eye injuries.

F Dealing with electric shock

Candidates will understand how to provide first aid to an infant and a child who has sustained an electric shock and be able to:

- i Describe how to safely manage an incident involving electricity.
- ii Describe first aid treatments for electric shock.

G Dealing with burns and scalds

Candidates will understand how to provide first aid to an infant and a child with burns or scalds:

- i Describe how to recognise the severity of burns and scalds to an infant and a child and respond accordingly.
- ii Describe how to treat burns and scalds to an infant and a child.

H Dealing with poisoning

Candidates will understand how to provide first aid to an infant and a child who has been poisoned and be able to:

- i Describe how poisons enter the body.
- ii Describe how to recognise and treat an infant and a child affected by common poisonous substances, including plants.
- iii Identify sources of information that provide procedures for treating those affected by poisonous substances.

I Dealing with bites and stings

Candidates will understand how to provide first aid to an infant and a child who has been bitten or stung and be able to:

- Describe how to recognise the severity of bites and stings to an infant and a child and respond accordingly.
- ii Describe how to recognise and treat bites and stings.

J Records and reporting

Candidates will understand the importance of having records of infants' and children's medical history and be able to:

- Describe the essential information that should be obtained regarding infants' and children's medical records.
- ii Describe what records need to be kept when infants and children are ill or injured.



Customer Services

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