



# CIEH Level 2 Award in Paediatric First Aid

## Unit 1: Paediatric Emergency First Aid Syllabus

### A The role of the paediatric first aider

Candidates will understand the role of the paediatric first aider and be able to:

- i Identify the responsibilities of a paediatric first aider.
- ii Describe how to minimise the risk of infection to self and others.
- iii Describe suitable first-aid equipment, including personal protection, and how it is used appropriately.
- iv Identify what information needs to be included in an accident report/incident record, and how to record it.
- v Define an infant and a child for the purposes of first-aid treatment.

### B Dealing with emergencies

Candidates will understand how to assess an emergency situation and act safely and effectively and be able to:

- i Demonstrate how to conduct a scene survey.
- ii Demonstrate how to conduct a primary survey on an infant and a child.
- iii Identify when and how to call for help.

### C Dealing with an unconscious casualty

Candidates will understand how to provide first aid for an infant and a child who is unresponsive and breathing normally and be able to:

- i Demonstrate how to place an infant and a child into the appropriate recovery position.
- ii Describe how to continually assess and monitor an infant and a child whilst in their care.

### D Cardiopulmonary resuscitation

Candidates will understand how to provide first aid for an infant and a child who is unresponsive and not breathing normally:

- i Identify when to administer CPR to an unresponsive infant and an unresponsive child who is not breathing normally.
- ii Demonstrate how to administer CPR using an infant and a child manikin.
- iii Describe how to deal with an infant and a child who is experiencing a seizure.

### E Dealing with choking

Candidates will understand how to provide first aid for an infant and a child who has a foreign body airway obstruction and be able to:

- i Differentiate between a mild and a severe airway obstruction.
- ii Demonstrate how to treat an infant and a child who is choking.
- iii Describe the procedure to be followed after administering the treatment for choking.

### F Dealing with shock

Candidates will understand how to provide first aid to an infant and a child who is suffering from shock and be able to:

- i Describe how to recognise and manage an infant and a child who is suffering from shock.
- ii Describe how to recognise and manage an infant and a child who is suffering from anaphylactic shock.

### G Dealing with bleeding wounds

Candidates will understand how to provide first aid to an infant and a child who is wounded and bleeding and be able to:

- i Describe common types of wounds.
- ii Describe the types and severity of bleeding and the effect that it has on an infant and a child.
- iii Demonstrate the safe and effective management for the control of minor and major external bleeding.
- iv Describe how to administer first aid for minor injuries.



Chartered  
Institute of  
Environmental  
Health

**Customer Services**

Chartered Institute of Environmental Health  
Chadwick Court, 15 Hatfields, London SE1 8DJ

**Telephone** 020 7827 5800 (Option 1)

**Email** [customerservices@cieh.org](mailto:customerservices@cieh.org) **Web** [www.cieh.org/training](http://www.cieh.org/training)